



# CLEAN HANDS STOP GERMS

**WASHING YOUR HANDS  
PREVENTS INFECTIONS**



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**Make Hands Matter  
in the Workplace**

# International Infection Prevention Week

## Clean hands stop germs

Infection prevention is everyone's responsibility. And keeping your hands clean is the number one way to keep germs from spreading. Wash your hands regularly with soap and water or use hand sanitizer often to prevent the spread of infection. Its pretty easy!

### Clean your hands:



After using  
the bathroom



After sneezing,  
blowing your nose,  
or coughing



Before eating



Whenever your  
hands are dirty

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